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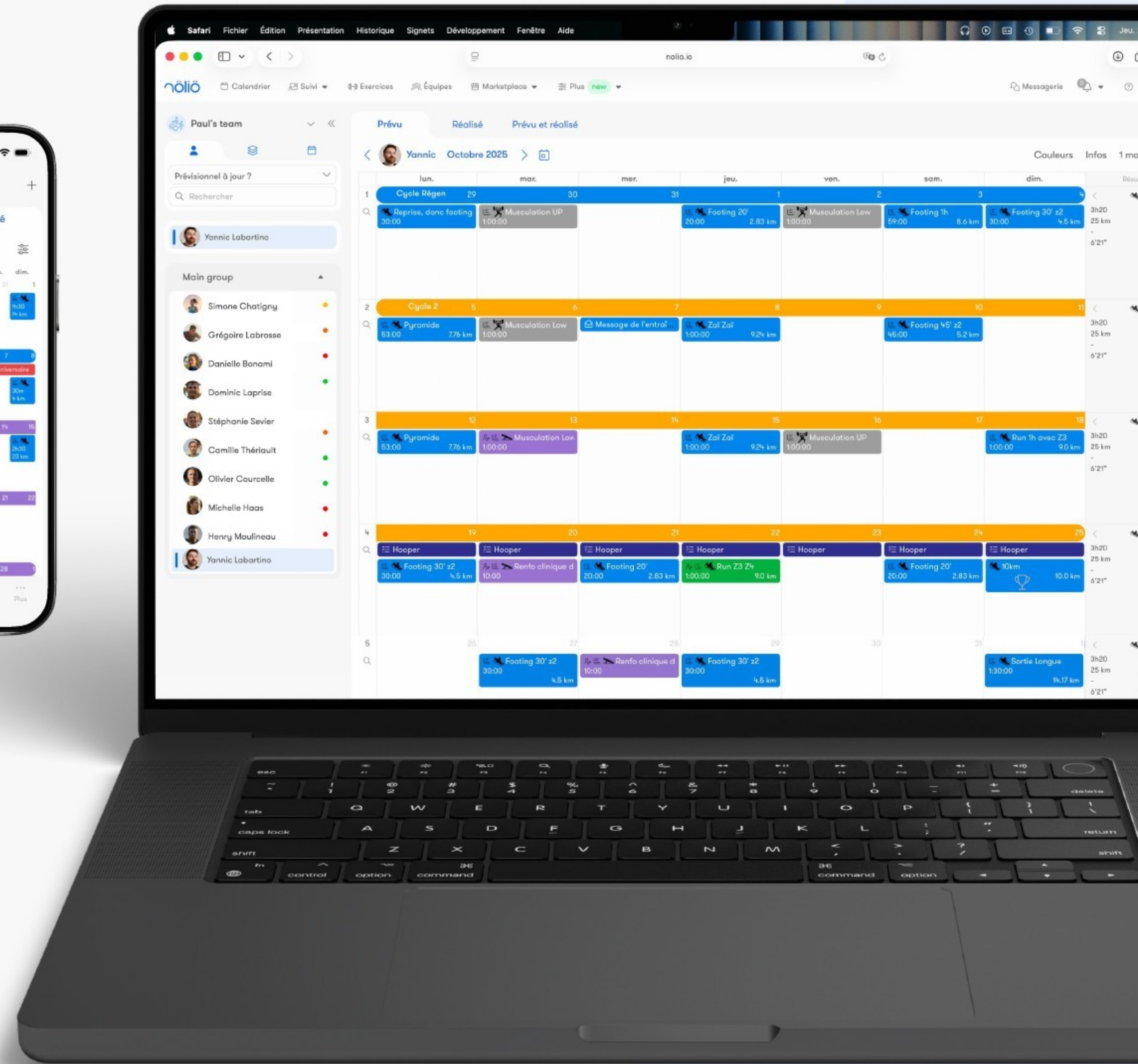
Training platform for coaches, athletes and clubs

Nolio is a platform for planning, tracking, and analyzing training.

All your sports data is available on your computer, phone, watch, or bike computer via browser or iOS and Android app.

While specializing in endurance sports, Nolio is designed for all sports: running, cycling, trail, triathlon, strength and conditioning, cross-country skiing, sailing, rowing, rollerblading, canoeing, kayaking, and more.

Nolio meets the needs of athletes with or without coaches, coaches themselves, and clubs.



A tool built with coaches and athletes

“Nolio’s development stems from our years of coaching experience.

We noticed that coaches often used similar tools to guide us. Tools that have barely evolved in over a decade. Tools that don’t allow for feedback on the training sessions completed by athletes.

Our goal was to address a real need for organization, management, and performance tracking. We offer a simple, modern tool designed with coaches and athletes, for coaches and athletes.”

François et Alexandre,
athletes and co-founders



55k
athletes

4,5k
coaches

30+
partners

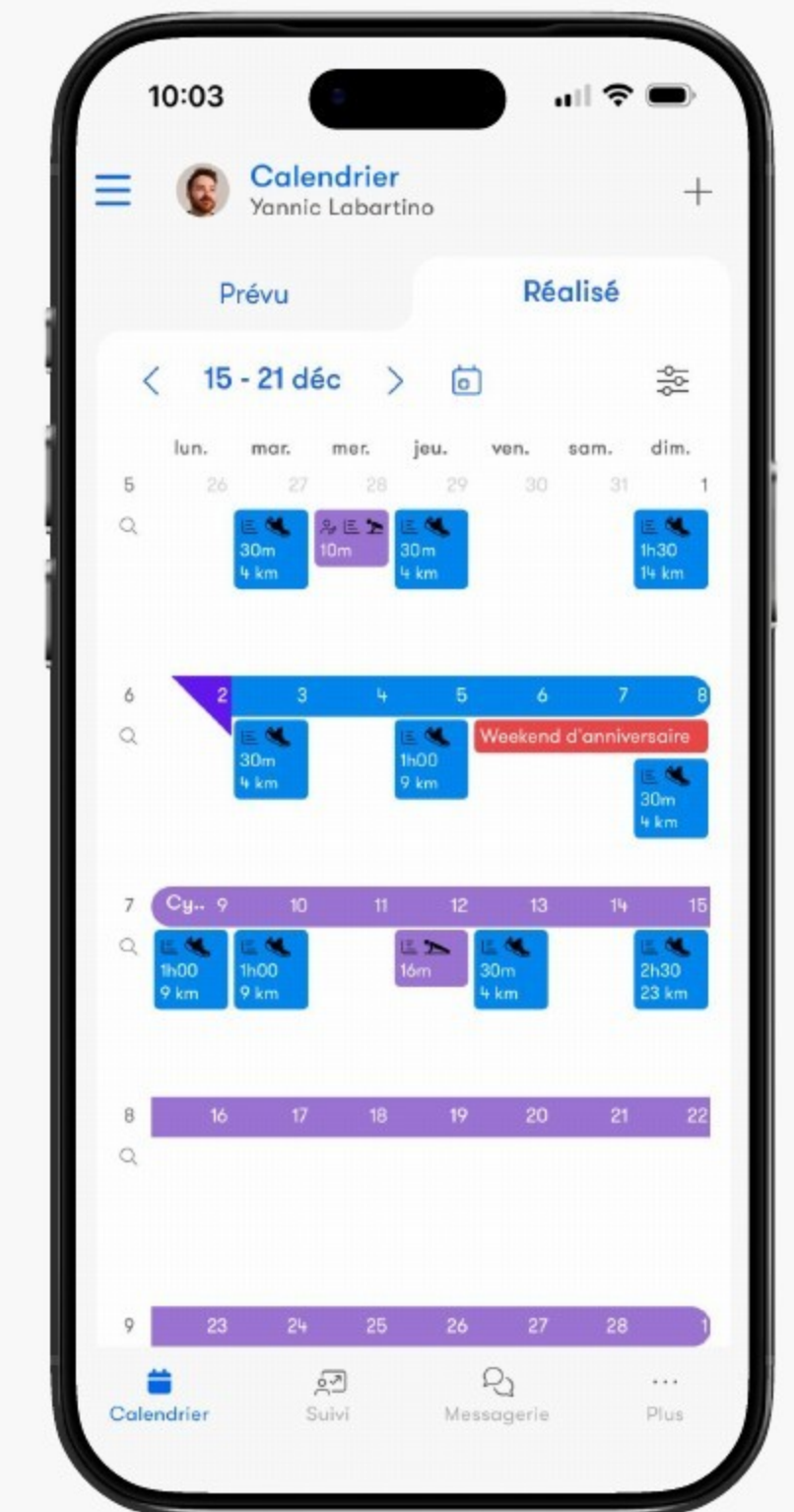
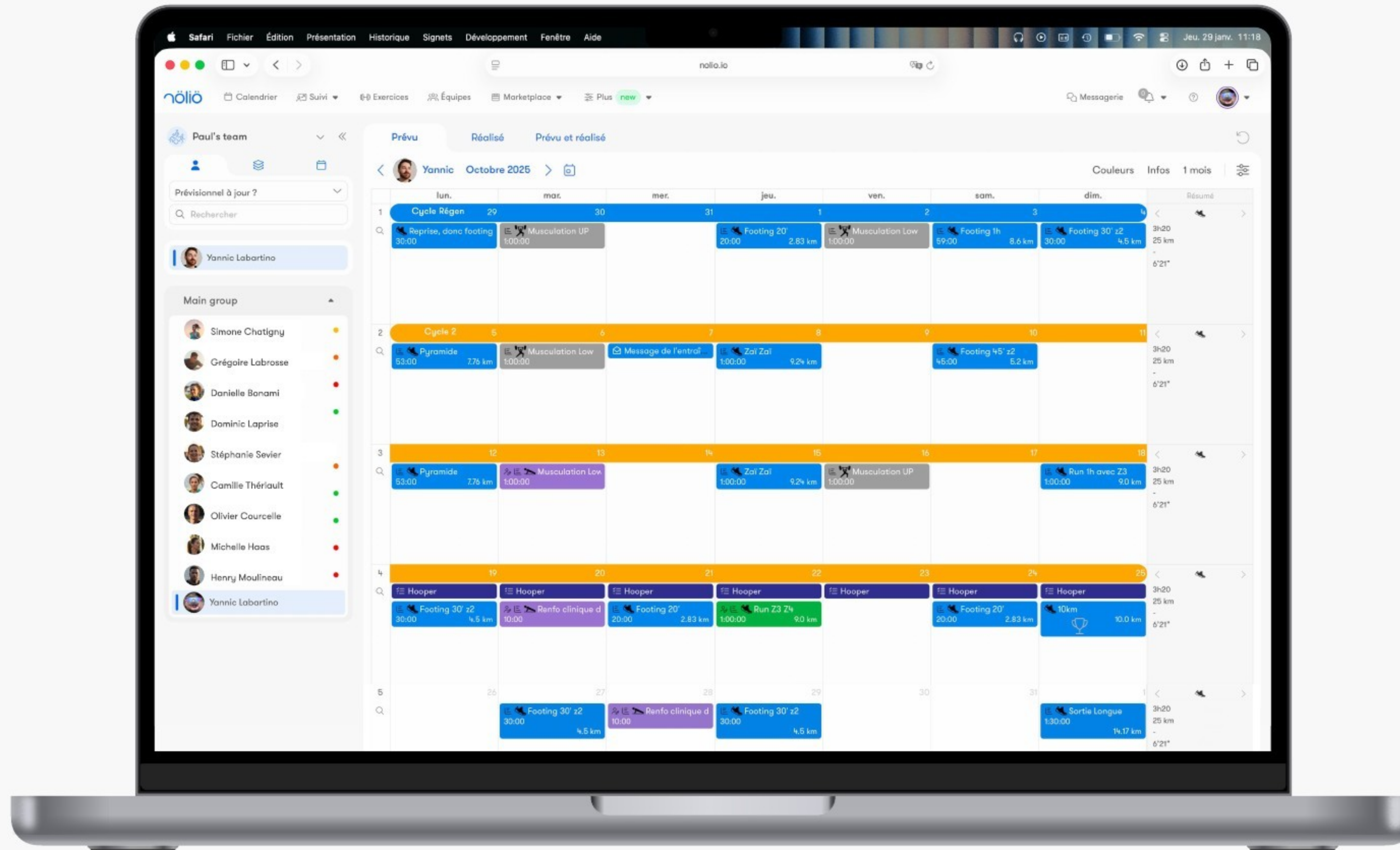
6+
countries

6
national
federations



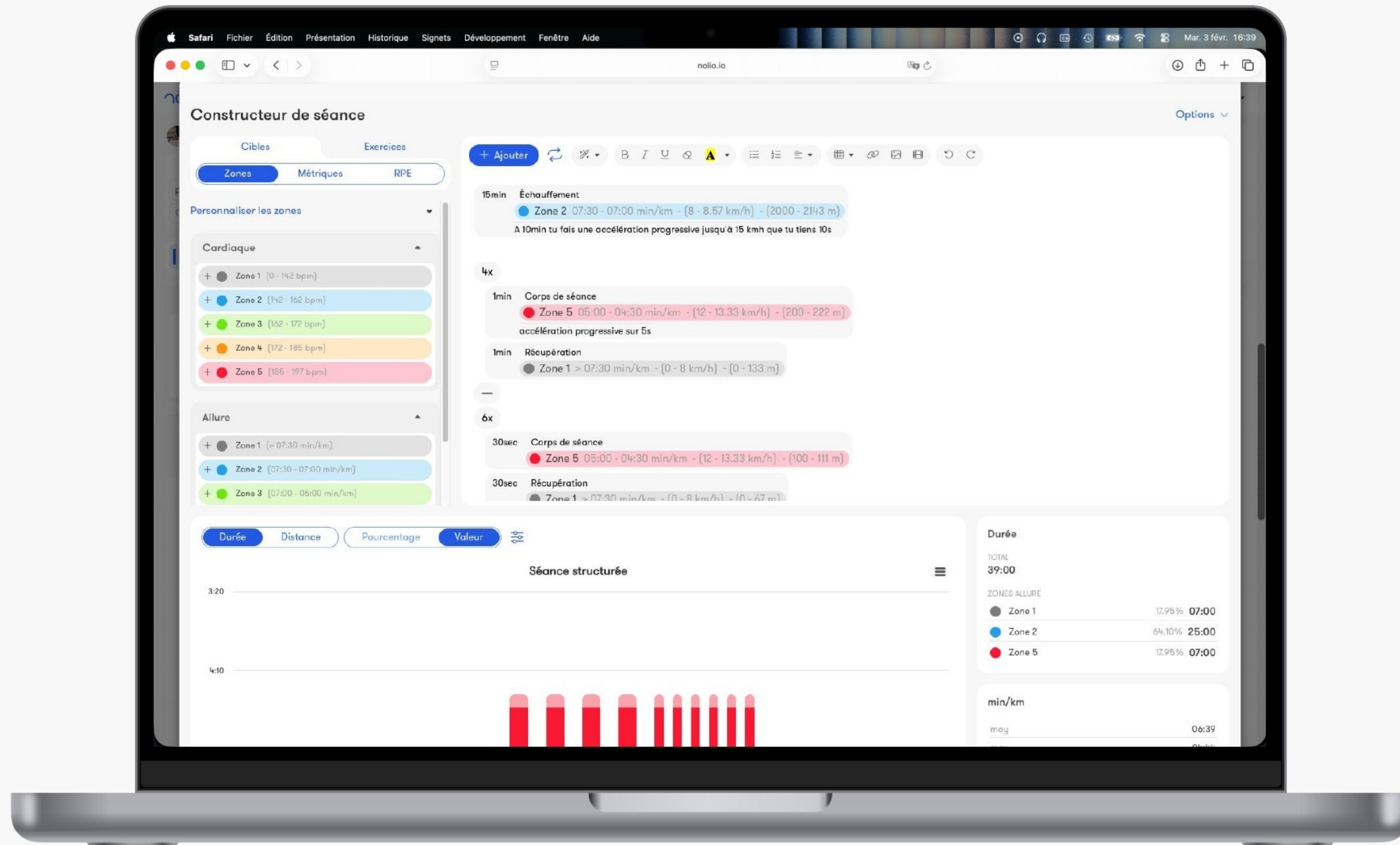
Popular features

Double calendar: planned and completed



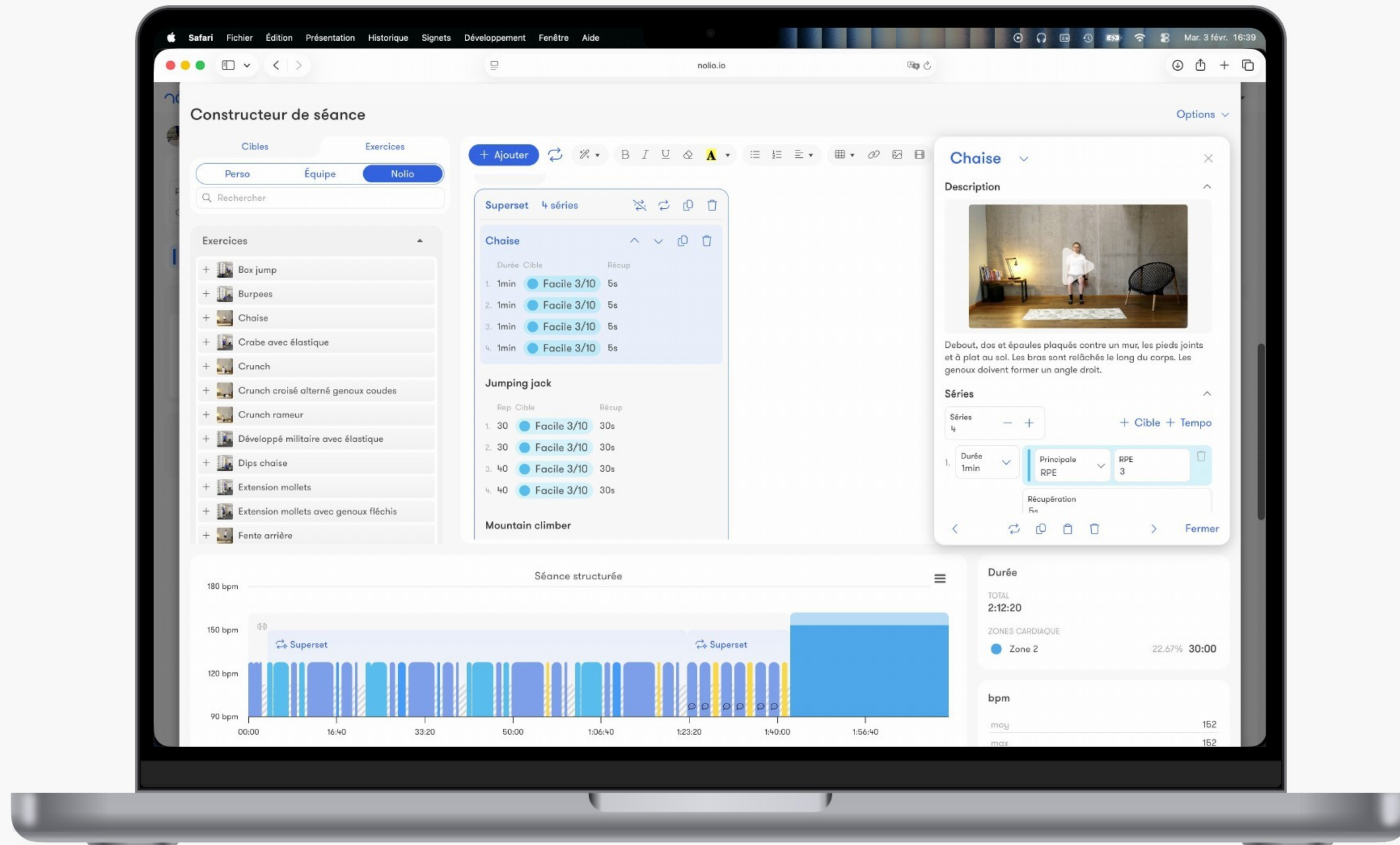
Popular features

Workout builder for endurance sports



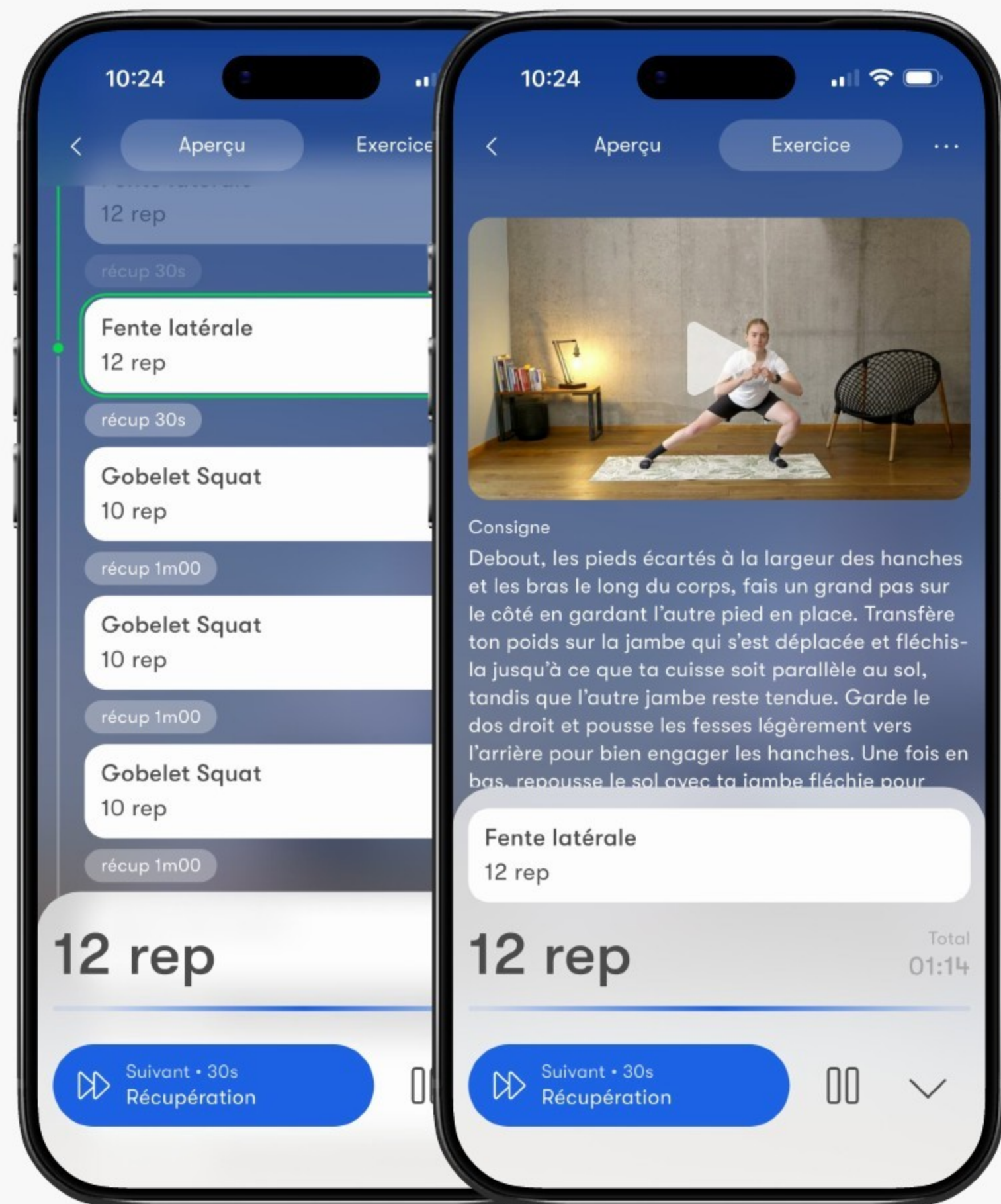
Popular features

Workout builder for strength training



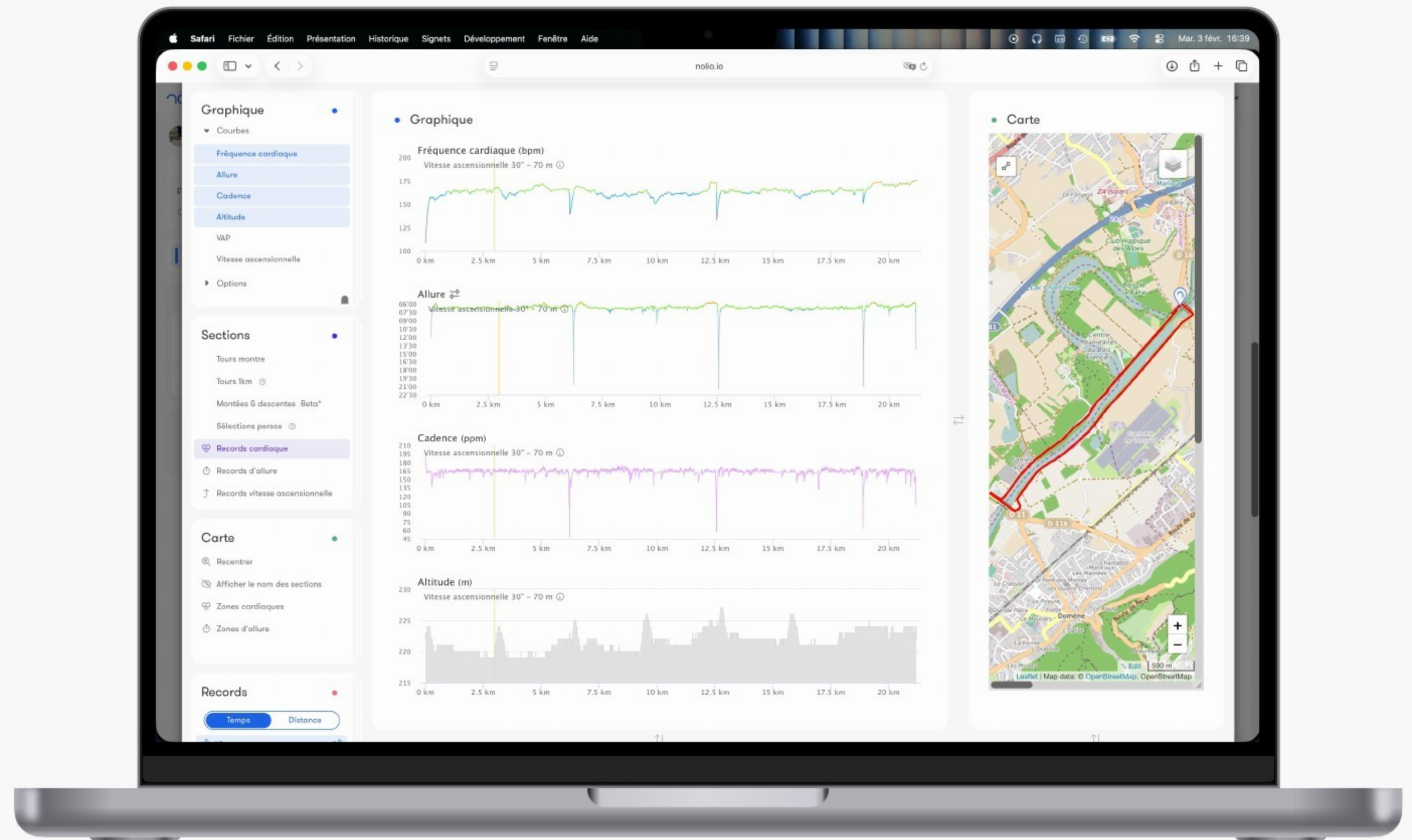
Popular features

Mobile player



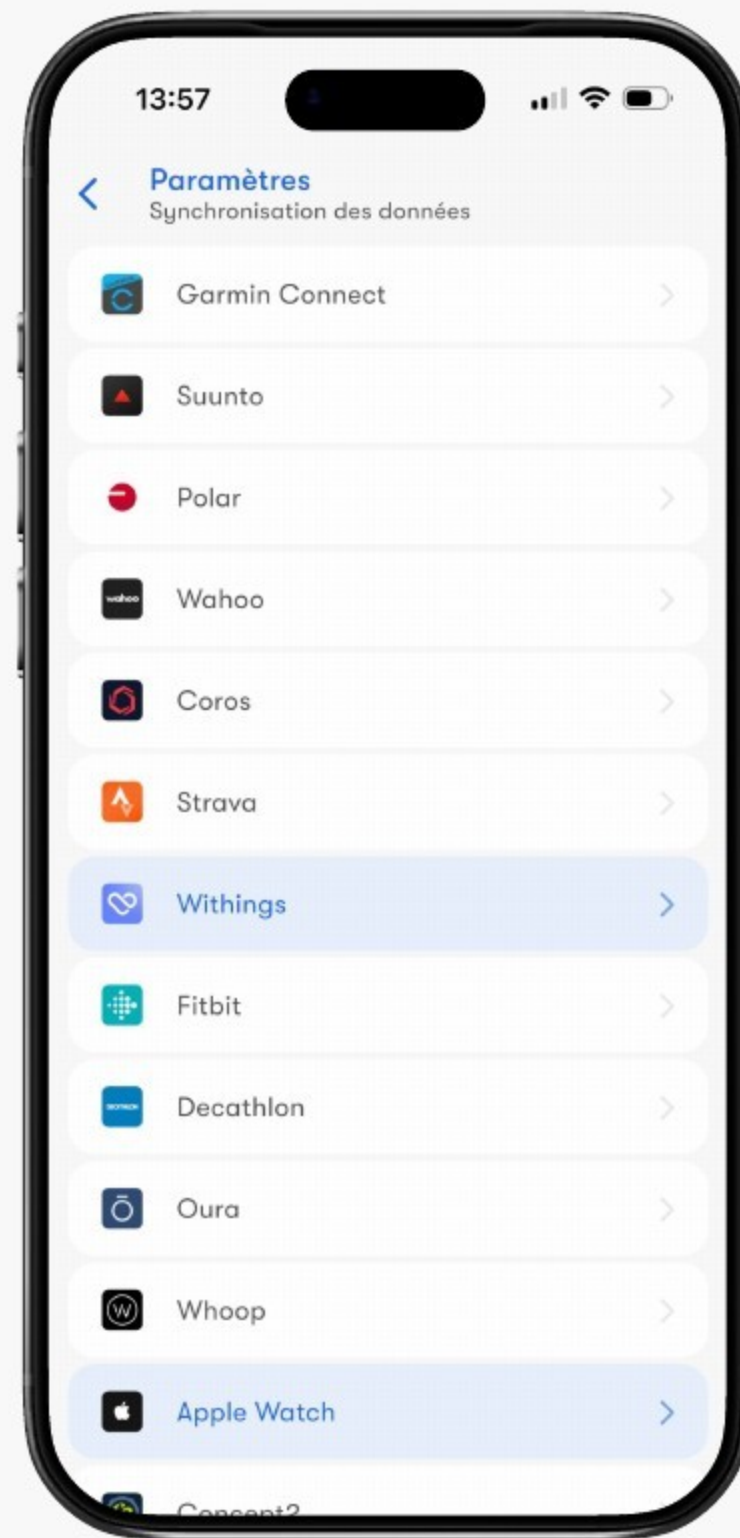
Popular features

Customisable workout debrief and complete analysis



Popular features

Workout auto-sync to your watch or bike computer



- GARMIN. SUUNTO COROS STRAVA POLAR. DECATHLON ZEPPEL WHOOP
- ZWIFT APPLE WATCH OURA wahoo WITHINGS fitbit. HAMMERHEAD Et plus !

Nolio's Marketplace

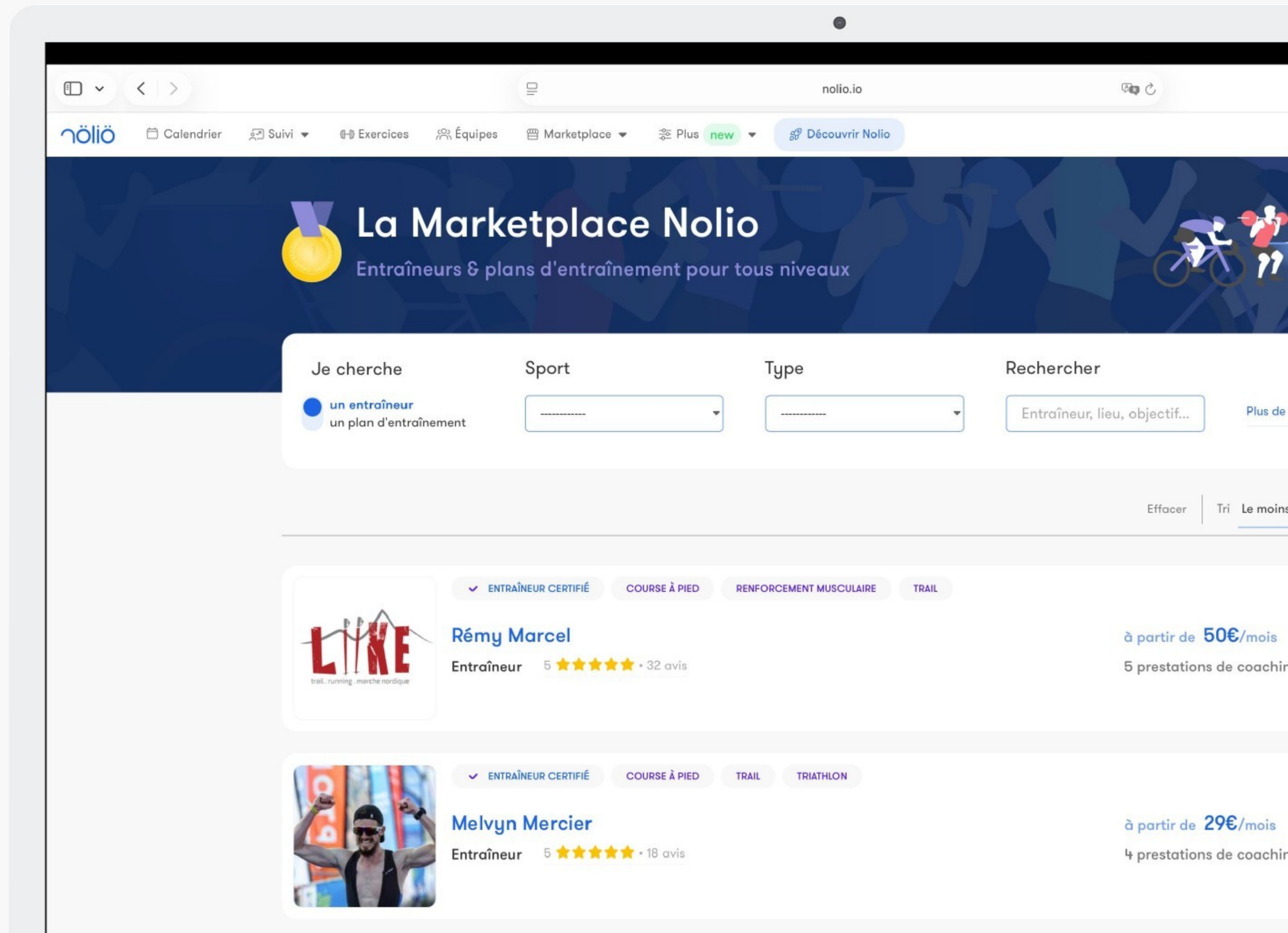
For all sports, for all levels, the Marketplace will provide a coach or a training plan adapted to your goals.

Do you want to find a new coach ?

Browse profiles according to your discipline, level, and goals. You can contact a coach directly and start training whenever you want.

Or maybe you'd like to find a ready-to-go training plan ?

Choose a plan designed by a professional coach, add it to your Nolio calendar in one click, and follow it at your own pace.



Resources from Nolio



Free conferences by athletes experts in a particular field.



Free videos for coaches who want to discover new fonctionnalités.



Professional online classes made by experts.

Why choose Nolio?

Coaches

The professional tool that makes your daily life easier

Storage and reuse of workouts, automated adaptation to athletes, advanced measurement tools, integrated messaging, customizable exercises bank... Nolio is a tool that adapts to coaches to facilitate their daily lives.



Athletes

The app developed by athletes for athletes

Planning organization, practical mobile app, automatic sending of sessions to the watch, progress tracking, training analysis, exchanges with the coaches... Nolio pushes athletes further.

Trained with Nolio

National federations



Clubs



Coaching structures



Health structures



Coach plans

Starter

19.90€ per month

3 athletes max

1 coach max

Features

- ✓ Workout planning and follow-up
- ✓ Templates for plans, workouts and exercises
- ✓ Structured workouts
- ✓ Included support

Classic

29.90€ per month

25 athletes max

1 coach max

Starter features, plus

- ✓ 1 Premium included
- ✓ Additional features on your athletes
- ✓ Unlimited planned history
- ✓ Priority support

Pro

39.90€ per month

30 athletes included

2 coaches included

Classic features, plus

- ✓ 5 Premium included
- ✓ Reduced fees
- ✓ Advanced administration
- ✓ Custom support

Additional athletes
1,50€/month up to 50
then 1€/mois

Additional coaches
12€/month

Club plans

Starter

29.90€ per month

40 athletes included

2 coaches included

Classic features, plus

- ✓ 1 Premium athlete included
- ✓ Reduced fees
- ✓ Advanced administration
- ✓ Priority support

Additional athletes
0,50€/month

Additional coaches
12€/month

Classic

49.90€ per month

80 athletes included

3 coaches included

Club Starter features, plus

- ✓ 5 Premium included
- ✓ Reduced fees
- ✓ Advanced administration
- ✓ Priority support

Additional athletes
0,50€/month

Additional coaches
12€/month

Athlete plans

Athlete

0€

forever!

Features

- ✓ Workouts auto-sync
- ✓ Structured workouts
- ✓ Training analysis
- ✓ Progress statistics
- ✓ Web app, iOS and Android

Premium

6.90€

per month

Athlete features, plus

- ✓ Planning workouts, questionnaires, cycles and notes
- ✓ Workout templates
- ✓ Customized metrics
- ✓ HRV measurement & analysis
- ✓ Access to all of your records
- ✓ Customizable debrief

Contact



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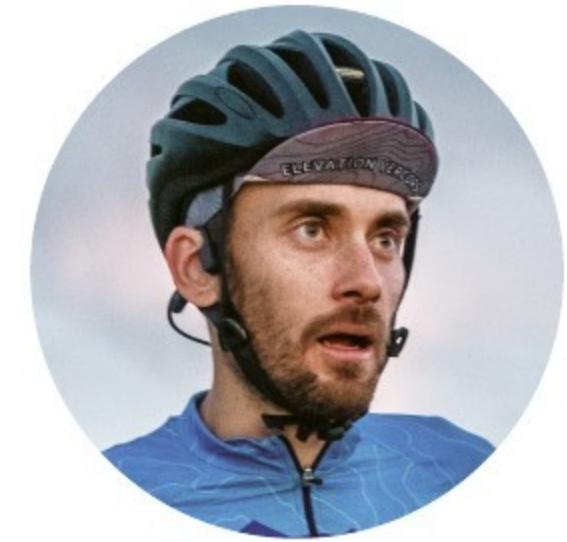
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